

# Welcome to

"PLEASE SIT BACK, RELAX & ENJOY YOUR  
DINING EXPERIENCE WITH US!"



We are a proud, family owned restaurant, that love to share our passion for hospitality with our guests.

Enjoy your time with us in a casual, Weskus-inspired dining in a open, effortlessly styled, harbour enviroment.

Our passion is cooking great & delicious food. Our cooks are all locally empowered women, trained regularly by professional chefs.

We offer a large variety, oceanfront dining experience. We cater for our "little guests" by offering them their own interactive menu as well as a fun outdoor play area.

Good wines, modern cocktails and fresh ingredients, combined with our friendly Weskus-hospitality and beautiful seafront views, offer an enjoyable, relaxing, linger-longer atmosphere.

## Cold drinks

200ml Colddrink	R24	Just Juice	R28
300ml Colddrink	R28	Ice Tea	R32
500ml Mineral water	R27	Apple/ Grapetizer	R40
Milkshake S I M I L	R25   30   40	Red Bull	R39
Chocolate, Lime, Bubblegum, Vanilla, Berry, Banana, Coffee		Float	R43
Gourmet Milkshake	R45		
Oreo, Peanut Butter, Milo, Rooibos			

## Hot drinks

Cappuccino	R33	Tea	R20
Americano	R27	Rooibos, Five roses, Earl grey	
Rooibos cappuccino	R37	Espresso	R20
Caffe latte	R35	Milo	R33
Chai latte / Rooibos	R42	Hot chocolate	R35
Flat white	R40	Mocha	R45

# BREAKFAST

Breakfast served till 11:00

## West Coast Breakfast R115

2 eggs, pork & beef sausage, bacon, hand cut chips, baked beans or grilled tomato and homemade bread

## Wakey Wakey R65

Egg, sausage, bacon, chips & toasted bread

## Eggs Benedict R77

Original with ham

Substitute with bacon +20

Substitute with smoked salmon +38

## Potato Rosti R145

Potato rosti, with smoked salmon, hollandaise sauce, softly poached eggs & avo

## Bacon & Egg Croissant R108

Butter croissant with honey glazed bacon, avo, softly scrambled eggs with spring onion & rocket

## Cream Cheese & Salmon Croissant R159

Butter croissant with cream cheese, smoked salmon, softly scrambled eggs with spring onion & rocket

## Spinach & Bacon Bagel R85

Sauteed spinach with crispy bacon bits, caramelized onion, creamy mushrooms & a soft egg, dressed in a homemade honey mustard sauce

## Salmon & Cream Cheese Bagel R150

Seeded bagel, spread with cream cheese, topped with smoked salmon, avo. Dressed in a rocket & red onion salad

## Omelette R40

3 egg omelette served with bread, choose your own filling:

Tomato   Onion   Peppers	R9
Mushrooms   Feta   Cheddar	R15
Ham   Bacon	R18

\*price per item

# LIGHT MEALS

## Chicken Quesadilla R95

Cheesy chicken quesadillas served with all the sides

## Tuna Melt R55

Open toast tuna & guacomole on our homemade bread, topped with cheese & flame grilled

## Cara Chips R99

Handcut chips covered in our special sauce with mushrooms & bacon

## Toasted Sandwiches

Ham, cheese & tomato	R46
Chicken mayo	R72
Bacon, egg & cheese	R60

## Tramazini's served with chips or salad

Bacon, avo & feta	R85
Chicken sweet chilli mayo	R79
Spinach, feta & bacon	R76

# SALADS

## Greek Salad R87

Tomatoes, cucumber, onion, danish feta & olives

## Garden Salad R92

Mixture of fresh lettuce, herbs, cherry tomatoes, cucumber, red onion, danish feta, pecan nuts & olives.

## West Coast Salad R175

Mussels, calamari, panko prawn, shrimp & crispy calamari heads

## Isabellas Salad R158

Chicken strips, bacon, avo, mushrooms & croutons

## Best of Both R165

Chicken strips, calamari tubes & crispy calamari heads

# SMALL PLATES / STARTERS

## Crumbed Mushrooms 66

Served with tartar sauce

## Snails 76

Creamy garlic or garlic butter, served with homemade bread

**Add bluecheese + 10**

## Camembert 85

Deepfried camembert, served with thin malba toast & cranberry compote

## Chicken Wings 68

BBQ or Peri Peri

## Jalapeno Poppers (3) 92

Homemade poppers, stuffed with 2 cheeses & wrapped in bacon

## Calamari Poppers (3) 64

Calamari tubes stuffed with feta & jelepeno bits

## Pita Bread 60

Garlic, onion & feta pita

## Three Cheese Pita Bread 90

Cheddar, mozzarella & feta with garlic & onion

## Creamy Crayfish Soup 89

Served with homemade bread

## Calamari 65

Strips or tubes, deep fried or grilled, served with tartar sauce

## Mussels 79

Creamy white wine sauce or Garlic butter sauce

## Creamy Cheeseballs 67

## Beef Trinchado 105

Beefstrips fried with onion, garlic, tomato, chillie & cream. Served with ciabatta slices

# BURGERS

## Beef Burger

R89

## Chicken Burger

R79

## Fishcake Burger

R74

## West Coast Burger

R105

Beef patty with bacon, cheese, pineapple ring & fried egg

Cheese slice

R8

Pineapple ring

R8

Avocado

R11

Bacon

R12

Any of our creamy sauces

R20



# MEAT

# CHICKEN

Served with chips, rice or salad

**Sirloin**      250g      R138  
                  500g      R235

**T- Bone**      500g      R195

**Spareribs**   600g      R 220  
                  1kg        R 325

**Fillet**        300g      R237

**Meaty Basket**                      R220

Big enough to share! Ribs, spiced pork strip, chicken strips, cheese russian, chicken wings & chips

# CURRY

**Lamb Rogan Josh**      R179

Beautifully cooked lamb made with freshly ground spices, served with rice, homemade naan bread & fresh cucumber & red onion sambals

**Butter Chicken Chow**      R125

Creamy butter chicken served with a homemade tin bread & crispy poppadum. Topped with greek yoghurt & fresh coriander

**Vegetable Tika Masala**      R105

Melody of vegetables & chickpeas, served with rice, homemade naan bread & fresh cucumber & red onion sambals

**Prawn & Seafood Curry**      R183

Perfectly balanced curry that includes fresh mussels, prawns & hake bites. Served with rice & homemade naan bread

**Bacon & Cheese  
Schnitzel**      R125

Crumbed breast, topped with bacon & smothered in cheese sauce

**Homemade Chicken  
Cordon Bleu**      R145

Chicken breasts stuffed with ham & cheese, covered in a mushroom sauce

**Chicken & Brie**      R169

Grilled chicken, topped with brie, melted mozzarella, bacon & cranberry compote.  
Served with mash only

**Pineapple Chicken**      R98

Grilled or crumbed chicken with a grilled pineapple ring

## ADD ON =

Half/half sides	R7
Small side salad	R30
Mixed veg	R38
Pumpkin	R38
Sweet Potato	R38
Creamy Spinach	R38
Small Chips	R30

## SAUCES =

Pepper	R28
Cheese	R28
Mushroom	R28
Jalapeno/pepper	R28
Washington	R35

## PIZZA

### **Crowded Colony**

Ham, bacon, mince, salami

**R155**

### **Sparerib**

Deboned sparerib & sparerib sauce

**R140**

### **Pegasus**

Bacon, avo, onion, feta, olives

**R153**

### **Hawaiin**

Ham, pineapple

**R135**

### **Sweet Chilli Chicken**

Chicken, feta, mushrooms, peppadew

**R176**

### **Island**

Chicken, avo, greenpepper, pineapple

**R175**

### **Fishermans**

Crabsticks, calamari, tuna, shrimp, mussels

**R154**

### **Russian Roulette**

Chicken, mushrooms, cheese russian, feta, peppadew

**R190**

### **Wave Rider**

Bacon, banana, pineapple

**R138**

### **Regina**

Ham, mushrooms

**R145**

### **Vegeterian**

Spinach, feta, olives, peppadew

**R144**

### **World of Colour**

Pineapple, gherkins, ham, mushrooms

**R149**

## PASTA

### **Alfredo Tagliatelle 125**

Freshly made tagliatelle with bacon & mushrooms

### **Chicken Parmigiana 135**

Spagetti pasta with a tomato base, chicken with mozzarella & parmasan bake

### **Seafood Pasta 155**

Fresh pasta tossed in a homemade creamy garlic sauce with shrimp, calamari, mussels & hake

### **Butternut Ravioli 110**

Freshly made pasta pockets filled with creamy butternut, drizzled in a burned butter garlic sauce

# SUSHI

**Salmon Roses (3pc) R69**

**Salmon Sashimi (2pc) R55**

**Maki (4pc)**

Avo & cucumber R35

Prawn R55

Salmon R55

**Hand Roll**

Prawn & avo R75

Salmon & avo R58

**Nigiri (2pc)**

Prawn R70

Norwegian salmon R58

**Fashion Sandwich (4pc)**

Prawn & avo R65

Norwegian salmon & avo R60

Spicy prawn R65

Spicy salmon R60

**Californian Rolls (4pc)**

Spicy prawn R45

Butterfly prawn R60

Tempura prawn (inside) R65

Prawn & avo R50

Spicy salmon R60

Norwegian salmon & avo R50

Special tempura prawn (on top) R55

Smoked salmon, avo & cream R55

cheese

Smoked salmon, prawn & avo R65

Norwegian salmon, avo & tempura R65

prawn

Smoked salmon, cream cheese & R55

jalapeno

**Rainbow Rolls (4pc)**

Salmon R65

Tempura prawn R65

**Crispy Platter R168**

(4) tempura prawn cali rolls, (4) smoked salmon, jalapeno & cream cheese cali rolls, (2) norwegian salmon, avo fashion sandwich. All deep-fried in a tempura batter

**Salmon Platter R298**

(4) smoked salmon avo & cream cheese cali rolls, (4) salmon & avo fashion sandwiches, (4) salmon roses, (3) salmon nigiri, (2) salmon sashimi

**Island Delight R212**

(4) prawn & avo fashion sandwich, (2) salmon roses, (2) prawn nigiri, (4) smoked salmon, avo & cream cheese cali rolls

# DESSERT

## **Dom Pedro R43**

Single Kalua / Amarula / Frangelico

## **Irish Coffee R49**

Single Jameson whiskey

## **Rooibos Infused Creme Brulee R42**

## **Ice Cream Sundae R55**

Vanilla ice cream with chocolate sauce, nuts, waffle & a cherry on top

## **Cake of the Day R68**

## **Lint Chocolate Mousse R57**

## **Malva Pudding R63**

Served with ice cream & custard

## **Ice Cream R30**

Vanilla

Rolo +R8

Blueberry +R8

## **Waffle R56**

Original

Bar One +R12

Peppermint Crisp +R12

