

Seafood

Served with chips, rice or salad

Hake	sgl	R 135
	dbl	R 230
Calamari		R 155
Yellowtail		R 133
Kabeljou		R 215
Prawn & Seafood Curry		R 189
Mussels – 500g		R 130
Prawns (8)		R 295
Kingklip		R 215
Cape Bream		R 160

Seafood Platters

Seafood platter for one R215

Grilled hake, creamy garlic mussels, prawns, crispy calamari heads, fried calamari tubes & homemade fishcake.

Served with chips & savoury rice

Seafood platter to share R640

Any fish of your choice, calamari, grilled prawns (4), panko prawns (4), tempura prawns (4), creamy garlic mussels and crispy hake bites.

Served with side of your choice

Hottie platter R215

Baby bream, prawns, calamari tubes & your choice of side

Combo's

Served with chips, rice or salad

Hake & Calamari	R 192
Prawns & Calamari	R 260
Calamari & Mussels	R 155
Sirloin & Calamari	R 245
Zesty Linefish Combo	R 190
Grilled hake with lemon-jalapeno aioli & fresh West Coast mussels in a zesty coconut sauce. Served with sourdough	
Meaty Basket	R 225
Big enough to share! Ribs, spiced pork strip, chicken strips, cheese russian, chicken wings & chips	

Chicken

Served with chips, rice or salad

Bacon & Cheese Schnitzel	R 135
Crumbed breast topped with bacon & smothered in cheese sauce	
Homemade Chicken Cordon Bleu	R 155
Chicken breasts stuffed with ham & two cheeses, covered in a mushroom sauce	
Chicken & Brie	R 178
Grilled chicken topped with brie, melted mozzarella, bacon & cranberry compote, served with mash only	
Pineapple Schnitzel	R 105
Crumbed or grilled chicken, served with a grilled pineapple ring	

Meat

Served with chips, rice or salad

Sirloin 250g 500 g	R180 R310
T-bone 500g	R255
Spareribs 600g 1kg	R220 R355
Fillet 300g	R310
Lamb rogan josh	R193

Served with rice & homemane naan only

Sushi

-SIGNATURE -

Surf & Turf 4pc	R75
Crayfish cali roll topped with blowtorched fillet, drizzled with our signature sauces	
Spicy Salmon Roll 4pc	R70
Salmon cali roll topped with a blowtorched salmon ribbon, finished with spicy mayo & unagi sauce	
Fully Loaded Futomaki 6pc	R75
Futomaki filled with salmon, tuna & prawn, deepfried in a crispy crumb & drizzled with savory unagi sauce	
New Style Salmon Roll 4pc	R70
Deepfried norwegian salmon roll crowned with a smoky blowtorched salmon tartar & drizzled with creamy mayo	
Spicy Tuna Roll 4pc	R65
Tuna cali roll topped with a ribbon of tuna & dash of mayo & ningchi chilli	
Salmon Jalapeno bomb 4pc	R75
Smoked salmon, cream cheese, jalapeno roll topped with fresh salmon tartar & creamy jalapeno mayo	

-CLASSIC-

Cali Rolls (4pc)	Fashion (4pc)
Prawn & avo R55	Salmon R60
Salmon & avo R55	Prawn R65
Tempura prawn R66	Tuna R60
Tuna & avo R52	Roses (3pc)
Smoked salmon, avo R60	Salmon R70
& cream cheese	
Rainbow Roll (4pc)	Nigiri (2pc)
Salmon R75	Salmon R60
Tempura prawn R66	Prawn R70
Tuna R66	Tuna R60

CRISPY PLATTER R178

(4) tempura prawn cali rolls, (4) smoked salmon, jalapeno & cream cheese cali rolls, (2) norwegian salmon, avo fashion sandwich. All deep-fried in a tempura batter

SALMON PLATTER R299

(4) smoked salmon avo & cream cheese cali rolls, (4) salmon & avo fashion sandwiches, (4) salmon roses, (3) salmon nigiri, (2) salmon sashimi

THE TWELVE PIECE R145

(4) Salmon fashion sandwich, (4) salmon cali rolls & (4) prawn & avo maki



Hot Drinks

Tea	-Rooibos, Earl Grey, Five Roses	R22
Espresso		R20
Americano		R27
Milo		R34
Hot Chocolate		R38
Mocha		R55
Flat white		R40
Caffe latte		R36
Chai/Rooibos latte		R42
Cappuccino		R34
Rooibos Cappuccino		R37
Add cream =R5 Decaf +R8		

Cold Drinks

200ml Colddrink	R25
200ml Red Bull	R40
300ml Colddrink	R29
300ml Just Juice	R35
300ml Ice Tea	R35
300ml Apple/Grapetizer	R44
500ml Mineral water	R31
Iced Coffee	R46
Milkshake M I L	R35 45
Gourmet Milkshake M I L	R48 55
Oreo, Peanut butter, Rooibos, Milo	

Desserts

Dom Pedro (single)	R45
Irish Coffee (single Jameson)	R60
Rooibos infused creme brulee	R45
Ice cream sundae	R55
Cake of the day	R72
Lindt chocolate mousse	R64
Ice cream	R30
Vanilla	
Rolo	+R12
Blueberry	+R12
Waffle	
Original	R66
Bar One	+R14
Peppermint Crisp	+R14

Breakfast

Available till 10:30

WEST COAST BREAKFAST	R130
2 eggs, pork & beef sausage, bacon, hand cut chips, baked beans, grilled tomato and homemade sourdough	
EGGS BENEDICT	R77
Original with ham	
Substitute with bacon	+20
Substitute with smoked salmon	+38
WAKEY WAKEY	R80
Egg, sausage, bacon, chips & homemade sourdough toast	
CROISSANT	
Salmon + cream cheese	R159
Cream cheese, smoked salmon & softly scrambled eggs, topped with fresh rocket & spring onion	
Bacon + Egg	R110
Honey glazed bacon, softly scrambled eggs & avo, topped with fresh rocket & spring onion	

SHAKSHUKA	R120
Fried chorizo in a traditional smokey relish & poached eggs topped with fresh coriander, served with homemade sourdough bread	
FRENCH TOAST	R105
Homemade mosbolletjie bread, dipped in vanilla egg, fried in butter, served with cream cheese, caramalized pears & sweet dukkah* (contains nuts)	

Light Meals

Chicken quesadillas	R105
Tuna melt	R55
Cara chips	R99
Heito potato	R105
Crispy panko crumbed potato, deepfried till golden, filled with creamy salmon chunks & topped with fresh avo	
Fishermans platter	R95
Snack platter with crispy whitebait fish, homemade fish pate & fish cakes. Served with sourdough bread	
Ciabatta	R110
Srirach Chicken & Avo	
Bacon, Avo & Feta	

Starters

Pita	R60
Garlic, Onion & Feta	
Three Cheese Pita	+R35
Crumbed Mushrooms	R75
Jalapeno Poppers	R95
Calamari poppers	R68
Calamari starter	R85
Mussels starter	R79
Chicken wings	R68
Creamy cheeseballs	R70
Deepfried Camembert	R85
Snails	R80

Burgers

Served with handcut chips

Beef burger	R105
Chicken burger	R95
West Coast burger	R130
Beef burger with, bacon, cheese slice, pineapple ring & fried egg	

Cheese Slice	R8	Avocado	R12
Pineapple Ring	R10	Bacon	R12
Any of our creamy sauces			R20

Salads

GREEK SALAD	R110
Tomatoes, cucumber, onion, danish feta & olives	
GARDEN SALAD	R105
Mixture of fresh lettuce & herbs, cherry tomatoes, cucumber, red onion, danish feta, pecan nuts & olives. Dressed in a creamy garlic & thyme sauce	
WEST COAST SALAD	R175
Mussels, calamari, panko prawn, shrimps & crispy calamari heads	
ISABELLAS SALAD	R160
Chicken strips, bacon, avo, mushrooms & croutons	
BEST OF BOTH	R168
Chicken strips, calamari tubes & crispy calamari heads	

Pizza



Crowded colony	169
Ham, bacon, salami, mince	
Sparerib	140
Sparerib pieces & sparerib sauce	
Pegasus	160
Bacon, avo, onion, feta & olives	
Hawaiin	138
Ham & pineapple	
Sweet chillie chicken	183
Chicken, feta, mushrooms & pepperdew	
Island	179
Chicken, avo, green pepper & pineapple	
Fishermans	165
Crabsticks, calamari, tuna, shrimp & mussels	
Russian roulette	196
Chicken, mushroom, cheese russian, feta, & pepperdews	
Wave rider	140
Bacon, banana & pineapple	
Regina	149
Ham & mushrooms	
Vegeterian	148
Spinach, feta, olives & pepperdews	
World of colour	163
Pineapple, ham, mushrooms & gherkins	